

Lutsen Resort

on Lake Superior

Complimentary Activities Christmas and New Year's 2009/2010

<i>Thursday Dec. 24th</i>	8:30am-5pm 12:30pm-3pm	Shuttle Service Guided Snowshoe Hike	<i>Wednesday Dec. 30th</i>	8:30am-5pm 12:30pm-3pm 6pm-8pm 7pm-10pm	Shuttle Service Guided Snowshoe Hike Night Hike Live Music- James Moors
<i>Friday Dec. 25th</i>	8:30am-5pm	Shuttle Service			
<i>Saturday Dec. 26th</i>	8:30am-5pm 12:30pm-3pm 6pm-8pm	Shuttle Service Guided Snowshoe Hike Lobby Activity-Zipper Pulls	<i>Thursday Dec. 31st.</i>	8:30am-5pm 12:30pm-3pm 1pm-4pm 7pm-10pm	Shuttle Service Guided Cross Country Ski Lobby Activity-Cookies Live Music- Pincushion Warblers
<i>Sunday Dec. 27th</i>	8:30am-5pm 12:30pm-3pm 2pm-3pm 6pm-8pm 7pm-10pm	Shuttle Service Guided Cross Country Ski Yoga Kid's Pizza and Movie Live Music- Bump Blomberg	<i>Friday Jan 1st.</i>	8:30am-5pm 12:30pm-3pm 2pm-3pm 6pm-8pm 7pm-10pm	Shuttle Service Guided Snowshoe Hike Yoga Kid's Pizza and Movie Live Music- Bump Blomberg
<i>Monday Dec. 28th.</i>	8:30am-5pm 12:30pm-3pm 6pm-8pm 7pm-10pm	Shuttle Service Guided Snowshoe Hike Lobby Activity-Soap Making Live Music- Corey Carlson	<i>Saturday Jan 2nd.</i>	8:30am-5pm 12:30pm-3pm 6pm-8pm 7pm-10pm	Shuttle Service Guided Cross Country Ski Night Hike Live Music- James Moors
<i>Tuesday Dec. 29th</i>	8:30am-5pm 12:30pm-3pm 6pm-8pm 7pm-10pm	Shuttle Service Guided Cross Country Ski Lobby Activity-Birch Bark Live Music- James Moors	<i>Sunday Jan 3rd.</i>	8:30am-5pm 12:30pm-3pm	Shuttle Service Guided Snowshoe Hike

SIGN UP FOR ALL ACTIVITIES STARTING 5 DAYS BEFORE ACTIVITY
Schedule Subject to Change

Activities Desk # 218-663-6695
or x4310 from your room

See Reverse Side for Program Descriptions

DAILY RESORT ACTIVITIES

Shuttle Service: Shuttle service is available daily from 8:00am-5:00pm. Avoid headaches and long walks - use our door-to-door shuttle service to Lutsen Mountains Ski Area. Make arrangements at the front desk or dial 0 to schedule a pick up.

Weather Forecast and Trail Conditions: The current weather forecast and trail conditions can be found on the activities bulletin boards at the Main Lodge and at the Sea Villas. Get up-to-date weather information from the Activities Desk computer station. Weather along the north shore can change quickly, dress appropriately!

Lobby Games and Books: Looking for something to do? Try one of the many games available from the activities desk or browse through our selection of books. These can be found on the bookcase behind the activities desk. All games and books are available for guests' enjoyment in the lobby.

Complimentary Cross Country Ski Equipment: Cross country ski equipment is available at the front desk for guest use. Adult and children sizes available. Please check out equipment only when you are using it. Please do not keep cross country ski equipment in your rooms, as other guests may be waiting to use it. Trail maps are available at the front desk. The cross country ski trails are maintained by the state of Minnesota. A Minnesota Ski Pass is required for anyone age 16 or older. The Ski Pass can be purchased from Clearview General Store located one mile north of the main lodge on Highway 61; \$5/ day pass and \$15/season pass. (This is similar to a fishing or hunting license.) This pass applies to all public cross country ski trails in the state of Minnesota.

Area Activity Information and Trail Maps: Stop by the activities desk for more information on area activities, brochures and trail maps. Some of the most helpful brochures you will find there are the "Scenic Hikes Near Lutsen Resort and Sea Villas" brochure, and the "Shopping and Dining Guide, Grand Marais Minnesota". The Activities Staff and Front Desk Staff are available to help answer any of your questions.

This schedule is subject to change.

Sign-up for activities up to five days before each activity.

PROGRAM DESCRIPTIONS

Guided Snowshoe: Always wanted to try snowshoeing? Here's your chance! Meet in the Main Lodge lobby. Our staff outfits you with a pair of snowshoes and shows you how to adjust them. We take a shuttle to a nearby trail for a relaxed hike through the winter woods. With a little luck, we may spot some wildlife! No experience necessary. *Reserve your spot up to five days before each activity.*

Cross Country Ski Tour: Dress warm and meet in the Main Lodge lobby. Our staff outfits you with cross country skis, boots and poles. *You are required to provide a Minnesota Cross Country Ski Pass.* We take a shuttle to a nearby trail and get a brief introduction to using the equipment. From there, we start skiing and take our time to enjoy the winter woods while becoming more comfortable on the skis. Beginner skiers welcome. *Reserve your spot up to five days before each activity.*

Yoga : With Lake Superior before us, we will practice gentle Hatha yoga poses to invigorate your body and calm your mind. No experience necessary. *No sign up required.*

Kids Pizza and Movie Party: Hey Kids! You are invited to the coolest pizza party ever! Watch a movie and eat delicious pizza. Ages 4 and up. *Reserve your spot up to five days before each activity.*

Night Hike: *To go into the dark with a light is to know the light. To know the dark, go dark.*
~Wendell Berry Join us on a guided walk in the dark of an early winter evening. This is a chance to explore the north woods in a new way. *Reserve your spot up to five days before each activity!*

Lobby Activity: Enjoy a craft project in our cozy Main Lodge lobby. Stop by for approximately 15 minutes any time during this activity and we'll help you create a memory. *No sign up required.*

Live Music: Local and regional artists delight your ears as you cozy up in our Main Lodge lobby. Enjoy an evening filled with sounds that compliment the North Shore's beauty.